



New Zealand

**CADET
FORCES**

Te Taua Taurira o Aotearoa

NEW ZEALAND CADET FORCES

CADET WORKING DRESS HOW TO GUIDE

Cadet Working Dress (CWD)

This uniform is to be worn during NZCF recognised Activities where it would be unsuitable to wear Service Dress. CWD uniform may also be worn during NZCF competitions, during .22 rifle training and in other Authorised Activities as detailed in the applicable activity joining instructions. CWD uniform is not appropriate dress for bush and mountain tramps. This is due to safety concerns around warmth, and visibility. The exception to this is at base camp locations, where personnel can maintain sight of the base camp buildings.

If CWD is worn in a bush location a high visibility jacket / vest is to be worn at all times.

The following rules also apply when wearing CWD uniform:

1. Corps issued Head-dress or unit baseball caps are to be worn (provided they are black/dark blue in colour);
2. Shirt zip is to be zipped up and shirt left untucked;
3. All velcro tabs fastened;
4. Velcro rank badges are to be worn on the CWD shirt;
5. Sleeves down or up (CUCDR discretion);
6. A black or dark blue T- Shirt must be worn under the shirt tucked in to the trousers;
7. The outer shirt may be removed when not in public and at the CUCDR discretion;
8. Embellishments such as brevets, medals, medal ribbons and nametags are not to be worn.
9. The belt should be threaded through all of the belt loops of the trousers, with the tail finishing to the left.
10. CWD must be worn with black combat boots, or garrison shoes if available. Brown boots are not acceptable.

Care

Washing:

- CWD is to be machine washed at 60°C, medium agitation, cold rinse.
- CWD may be tumble dried (do not over dry).
- CWD is Dry Cleanable.
- **DO NOT BLEACH.**

Care instructions that are attached to the CWD are to be followed.

Ironing:

- CWD is to be ironed at medium temperature (150°C) to avoid damaging the material. Care must be taken to avoid ironing the Velcro patches and tabs.
- Prior to starting your ironing ensure items are clean, lint free and free of loose threads.
- When ironing CWD have your iron set to medium heat and steam.

Fitting

CWD Trousers:

1. Trousers legs are worn out over the boots, so length needs to be sitting on the laces of the foot. Ensure that when the person kneels or bends, the trousers do not show any skin of the leg.
2. Ensure the trousers fit comfortably around the waist.
3. Wearer should be able to sit down, bend and squat comfortably in the trousers to ensure the correct fit.

CWD Shirt:

1. The length of the shirt needs to provide back coverage when bending from the waist.
2. Ensure that the shirt is fitted correctly across the shoulders and back first.
3. The wearer should be able to reach and move comfortably with enough room across the back and shoulders to ensure the wearer can perform their necessary tasks.

Ironing Instruction

CWD Shirt:

- Iron the front and back of the CWD shirt flat. Ensure you reach the shoulder areas.



CWD Collar:



- A single crease is to be ironed into the collar and is to remain sharp and visible along its full length.
- The bottom of the collar is to be ironed flat, with the neck unzipped and the lapel edges ironed at a 45-degree angle. Take care not to iron over the crease.

CWD Sleeves (down):



- Lay your sleeve flat. The bottom seam and where your crease on top will be should line up.
- The NZ flag and Velcro patch area should not have a crease ironed into them.
- Once ironed flat you should end up with ONE sharp crease along the length of the sleeve. Ensure your crease lines up with the seam at the shoulder of the shirt, as pictured below.



CWD Sleeves (rolled up)



- Turn the shirt face down.
- Fold up the lower edge of the sleeve to make the sleeve square.
- Depending how wide your arm is, will determine how far you will need to fold.
- Once you have determined this, iron up this fold.



- From here fold the cuff up so that it is approximately 3 fingers wide. Iron.
- Continue to fold the sleeve up, stopping at each roll to even up the cuff, and iron flat.



- It should be approximately 5- 6 folds. Do not roll over the velcro patch on the right sleeve.
- Ensure both sleeves are the same length on completion. Sleeves should sit above the elbow so movement of the arm doesn't affect the sleeve.

CWD Trousers:

- Iron the trousers flat. No creases are placed in CWD trousers.
- Slide the trousers over the end of the ironing board as below to iron the top area on the front and back.

